

(This animated holy hour was prepared for pastoral use. We give credits to the different sources)

HOLY HOUR IN HONOR OF THE YEAR OF MERCY (2016)

Theme: *Jesus Christ – The Face of God’s Merciful Love*

Exposition of the Blessed Sacrament (*Kneel*)

Exposition Hymn: *O Sakramentong Mahal*

Silence...

Leader: O Divine Jesus, we firmly believe in your presence here. In the Eucharist you made yourself the “medicine of immortality”. You gave us the taste for a full life that will help us journey on, as trusting and a joyful pilgrims on this earth, our eyes fixed on the goal of life without end.

All: We adore You, O Lord Jesus.

L: O Lord Jesus Christ, present in the Eucharist, light and life of the new millennium, our human heart, burdened with sin, often bewildered, weary and tried by suffering of all kinds, has need of light.

All: We adore You, O Lord Jesus.

Silence...

Opening Prayer: (*Stand*)

L: Let us pray.

All: Father in heaven, you have made us for yourself; our hearts are restless until they rest in you. Fulfil this longing through Jesus, the Bread of Life, so that we may witness to him who alone satisfies the hungers of the human family. By the power of your Spirit lead us to the heavenly table where we may feast on the vision of your glory for ever and ever. Amen.

Opening Hymn: Litany

Silence... (*Sit*)

Scripture Reading:

Luke 22: 14-20 (The Lord’s Supper)

Silent Reflection/ Meditation

Psalmody: Psalm 51 (*stand*)

- All: Be merciful, O Lord, for we have sinned.
- L: Have mercy on me, God, in your kindness.
In your compassion blot out my offense.
O wash me more and more from my guilt
and cleanse me from my sin. (R)
- L: My offenses truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done. (R)
- L: That you may be justified when you give sentence
and be without reproach when you judge,
O see, in guilt I was born,
a sinner was I conceived. (R)
- L: Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom.
O purify me, then I shall be clean;
O wash me, I shall be whiter than snow. (R)
- L: Make me hear rejoicing and gladness,
that the bones you have crushed may revive.
From my sins turn away your face
and blot out all my guilt. (R)
- L: A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit. (R)
- L: Give me again the joy of your help;
with a spirit of fervour sustain me,
that I may teach transgressors your ways
and sinners may return to you. (R)
- L: O rescue me, God, my helper,
and my tongue shall ring out your goodness.
O Lord, open my lips
and my mouth shall declare your praise. (R.)
- L: For in sacrifice you take no delight,
burnt offering from me you would refuse,
my sacrifice, a contrite spirit,
A humbled, contrite heart you will not spurn. (R)

L: In your goodness, show favor to Zion:
rebuild the walls of Jerusalem.
Then you will be pleased with lawful sacrifice,
holocausts offered on your altar. (R)

All: Father, he who knew no sin was made sin for us, to save us and restore us to your
friendship. Look upon our contrite heart and afflicted spirit and heal our troubled
conscience, so that in the joy and strength of the Holy Spirit we may proclaim your
praise and glory before all the nations.

Hymn: Loving and Forgiving

Litany for Mercy (*kneel*)

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| Lord, have mercy... | Response: <i>Lord, have mercy.</i> |
| Christ, have mercy... | <i>Christ, have mercy.</i> |
| Lord, have mercy... | <i>Lord, have mercy.</i> |

Jesus, victor over sin and death... *Have mercy on us.*
Jesus, source of light and hope...
Jesus, fullness of truth and mystery...
Jesus, teacher of seeking hearts...
Jesus, healer of body and soul...
Jesus, bringer of mercy and justice...
Jesus, who humble the heart and mind...
Jesus, release of captives...
Jesus, voice against violence...
Jesus, courage for the lowly...
Jesus, origin of all authority and power...
Jesus, true lawgiver...
Jesus, unity of order and passion...
Jesus, grace of the Spirit...
Jesus, obedient Son of the Father...

For the grace to love... *Grant us your mercy.*
For the grace to believe...
For the grace to hope...
For the grace to worship...
For the grace to serve in charity...
For the grace to care for the suffering...
For the grace to comfort the sick...
For the grace to feed the hungry...
For the grace to shelter the homeless...
For the grace to protect the unborn...
For the grace to proclaim the Gospel...
For the grace to walk in chastity...
For the grace to live in peace...
For the grace to work in good conscience...
For the grace to stand in solidarity...

For the grace to seek justice...
For the grace to reject sin...
For the grace to reject coercion...
For the grace to reject falsehood...
For the grace to reject evil temptations...
For the grace to reject injustice...

All: Eternal God, in whom mercy and compassion is endless, look kindly upon us, that in difficult moments we might not despair nor become hopeless, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

The Lord's Prayer (*Stand*)

Closing Prayer

L: Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God forever and ever.

All: Amen.

Final Hymn: God is Love