

(This animated holy hour was prepared for pastoral use. We give credits to the different sources)

Adoration Theme: PENTECOST – THE SPIRIT OF TRUTH

Introduction: The Catechism of the Catholic Church (CCC) speaks of Pentecost as being: “The fiftieth day at the end of the seven weeks following Passover (Easter in the Christian dispensation). At the first Pentecost after the Resurrection and Ascension of Jesus, the Holy Spirit was manifested, given and communicated as a Divine Person to the Church, fulfilling the Paschal Mystery of Christ according to His promise” (726, 731; cf. 1287; also: Cf. Catechism, Glossary, p. 893). Pentecost is the outpouring of the Holy Spirit in fulfillment of Jesus’ promise (CCC, 731; Acts of the Apostles 2:33-36).

(kneel) Hymn: **Jesus My Lord, My God, My All**

Jesus, my Lord, my God, my all! How can I love Thee as I ought?
And how revere this wondrous gift, So far surpassing hope or thought?

(Ref) Sweet Sacrament, we Thee adore! Oh, make us love Thee more and more.
Oh, make us love Thee more and more.

Had I but Mary's sinless heart. To love Thee with, my dearest King,
Oh, with what bursts of fervent praise, Thy goodness, Jesus, would I sing! (Ref)

Oh, see upon the altar placed, The Victim of divinest love!
Let all the earth below adore, And join the s of heaven above. (Ref)

ADORATION & PRAISE:

Response: WE ADORE YOU, LORD JESUS, PRESENT IN THE HOLY SACRAMENT.

Leader: 1- praise and blessed be without end, Jesus in the Blessed Sacrament. (R)
2- You are the bread, come down from heaven, the Bread that lives and gives life. (R)
3- You are the love that holds together the universe; You are the peace that unites all (R)
4- You are the wellspring from which those who are thirsty drink; You are the fountain
from which the Living Waters stream forth, leading all to eternal life. (R)
5- We adore you, Body of our Lord, sacrificed for us on the wood of the cross. (R)
6- We adore you precious Blood, poured out for our salvation, you are the ransom for
our sins. Under this sacrificial aspect you remain with us always. (R)
7- Together with Mary we praise you and bless you , with all the angels and saints we
adore you. Blessed are you, Lord Jesus Christ, in this Sacrament of your love. (R)

(silence)

(stand) Hymn: **In Him Alone**

(Ref.) In Him alone is our hope; In Him alone is our strength,
In Him alone are we justified, In Him alone are we saved.

1. What have we to offer That does not fade or wither
Can the world ever satisfy the emptiness in our hearts In vain we deny (*REFRAIN*)
2. When will you cease running In search of hollow meaning
Let His love feed the hunger In your soul till it overflows
With joy you yearn to know (*REFRAIN*)

(sit – silence)

First Reading: Acts 2: 1 – 11

(stand) Gospel Acclamation: Seek ye first the kingdom of God And His righteousness;
And all these things shall be added unto you. Hallelu, Hallelujah!

Gospel Reading: John 14: 15 – 16, 23b – 26

(sit- pause) **Reflection from Pope Francis’ Homily on Pentecost, June 4, 2017 (excerpt)**

A new people. On the day of Pentecost, the Spirit came down from heaven, in the form of “divided tongues, as of fire... [that] rested on each of them. All of them were filled with the Holy Spirit, and began to speak in other languages” (*Acts 2:3-4*). This is how the word of God describes the working of the Spirit: first he rests on *each* and then brings *all* of them together in fellowship. To each he gives a gift, and then gathers them all into unity. In other words, the same Spirit creates *diversity and unity*, and in this way forms a new, diverse and unified people: the *universal Church*. First, in a way both creative and unexpected, he generates diversity, for in every age he causes new and varied charisms to blossom. Then he brings about unity: he joins together, gathers and restores harmony: “By his presence and his activity, the Spirit draws into unity spirits that are distinct and separate among themselves” (CYRIL OF ALEXANDRIA, *Commentary on the Gospel of John*, XI, 11). He does so in a way that effects true union, according to God’s will, a union that is not uniformity, but *unity in difference*.

For this to happen, we need to avoid *two* recurrent *temptations*. The first temptation seeks *diversity without unity*. This happens when we want to separate, when we take sides and form parties, when we adopt rigid and airtight positions, when we become locked into our own ideas and ways of doing things, perhaps even thinking that we are better than others, or always in the right. When this happens, we choose the part over the whole, belonging to this or that group before belonging to the Church. We become avid supporters for one side, rather than brothers and sisters in the one Spirit. We become Christians of the “right” or the “left”, before being on the side of Jesus, unbending guardians of the past or the avant-garde of the future before being humble and grateful children of the Church. The result is diversity without unity. The opposite temptation is that of seeking *unity without diversity*. Here, unity becomes uniformity, where everyone has to do everything

together and in the same way, always thinking alike. Unity ends up being homogeneity and no longer freedom. But, as Saint Paul says, “where the Spirit of the Lord is, there is freedom” (2 Cor 3:17).

So the prayer we make to the Holy Spirit is for the grace to receive *his* unity, a glance that, leaving personal preferences aside, embraces and loves his Church, our Church. It is to accept responsibility for unity among all, to wipe out the gossip that sows the darnel of discord and the poison of envy, since to be men and women of the Church means being men and women of communion. It is also to ask for a heart that feels that the Church is our Mother and our home, an open and welcoming home where the manifold joy of the Holy Spirit is shared.

Now we come to the second new thing brought by the Spirit: *a new heart*. When the risen Jesus first appears to his disciples, he says to them: “Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them” (Jn 20:22-23). Jesus does not condemn them for having denied and abandoned him during his passion, but instead grants them the spirit of forgiveness. The Spirit is the first gift of the risen Lord, and is given above all for the forgiveness of sins. Here we see the beginning of the Church, the glue that holds us together, the cement that binds the bricks of the house: *forgiveness*. Because forgiveness is gift to the highest degree; it is the greatest love of all. It preserves unity despite everything, prevents collapse, and consolidates and strengthens. Forgiveness sets our hearts free and enables us to start afresh. Forgiveness gives hope; without forgiveness, the Church is not built up...

The Holy Spirit is the fire of love burning in the Church and in our hearts, even though we often cover him with the ash of our sins. Let us ask him: “Spirit of God, Lord, who dwell in my heart and in the heart of the Church, guiding and shaping her in diversity, come! Like water, we need you to live. Come down upon us anew, teach us unity, renew our hearts and teach us to love as you love us, to forgive as you forgive us. Amen”.

(stand) Hymn: **Christ Be Our Light**

Longing for light, we wait in darkness. Longing for truth, we turn to You.
Make us Your own, Your holy people. Light for the world to see.

(Refrain) Christ, be our light! Shine in our hearts. Shine through the darkness.
Christ, be our light! Shine in Your church gathered today.

Longing for peace, our world is troubled. Longing for hope, many despair.
Your word alone has pow'r to save us. Make us your living voice. (Ref)

Longing for food, many are hungry Longing for water, many still thirst.
Make us Your bread, broken for others Shared until all are fed. (Ref)

Longing for shelter, many are homeless. Longing for warmth, many are cold.
Make us Your building, sheltering others Walls made of living stone. (Ref)

Many the gift, many the people. Many the hearts that yearn to belong.
Let us be servants to one another Making Your kingdom come. (Ref)

THANKSGIVING:

(kneel) Response: WE THANK YOU, O GOD.

- Leader:
1. Father all-powerful and ever-living God, we do well always and everywhere to give you thanks through Christ , Your Son and our Brother, because out of love for us, you sent him to be our high priest. So we say:
 2. By Christ priesthood he leads all people and the whole world back to you. So we say:
 3. Although Christ is enthroned with you on high, he continues to sanctify us through the thousands of priests in the Church of your love. So we say:
 4. Through Christ' priests he baptizes us into union with you and himself in the Spirit of love. So we say:
 5. Through and with Christ' priest we can offer his Body and Blood in the Eucharistic Sacrifice to you, O Father; and we receive it for our nourishment and strength. So we say:

PRAYER OF PETITION:

Response: GRANT MERCY AND HELP, O GOD.

- Leader:
1. Lord Jesus Christ, our Savior and King who ascended into heaven and seated at the right hand of the Father to intercede for us always; gather your flock from every corner of the earth and make us one in your love. We pray to you...
 2. Lord Jesus Christ, our Savior and Leader you send your Holy Spirit from heaven make all people your own: heal the sick, seek out the lost, preserve the strong, bring back the strayed, provide food to the hungry, grant hope to the downhearted, the refugees, the homeless and persecuted. We pray to you...
 3. Lord Jesus Christ, our Savior and Prince of Peace you send your Holy Spirit from heaven, remove from people's hearts the greed that leads to war and division; speak words of peace to your people especially in our country as we begin the transition of our government leaders; we beg for the gifts and fruits of the Holy Spirit abide in each of them and to all Filipinos so that unity and progress may truly reign in our midst. We pray to you...
 4. For all Extra Ordinary Ministers of Holy Communion especially here in our parish, that they may be filled with the Spirit of God as they renew their commitment to serve, and that they may continue to grow in Christian virtues and devotion to our Lord Jesus Christ in the Holy Eucharist. We pray to you...
 5. Lord Jesus Christ, our Merciful Savior you send your Holy Spirit from heaven, we present to you our personal and families' intentions... (silence) We pray to you...

(STAND) Sing: **The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.

(kneel) Closing Prayer: **Act of Consecration to the Holy Spirit**

On my knees before the great multitude of heavenly witnesses, I offer myself soul and body to you, Eternal Spirit of God. I adore the brightness of your purity, the unerring keenness of your justice, and the might of your love. You are the Strength and Light of my soul. In you I live and move and am. I desire never to grieve you by unfaithfulness to grace, and I pray with all my heart to be kept from the smallest sin against you. Mercifully guard my every thought and grant that I may always watch for your light and listen to your voice and follow your gracious inspirations. I cling to you and give myself to you and ask you by your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore you Adorable Spirit, helper of my infirmity, so to keep me in your grace that I may never sin against you. Give me grace O Holy Spirit, Spirit of the Father and the Son, to say to You always and everywhere, Speak Lord, for your servant is here. Amen.

Hymn: O Sacrament most holy, O Sacrament divine!
All praise and all thanksgiving, Be ev'ry moment Thine.